

LDT3 Deep Pathways: Viscera, Articulations, Organ of the Senses (Pre-requisites: LDT2)

Venue: Faculty of Physical Therapy, Saint Louis College, Sathorn, Bangkok, Thailand

Saturday 1st to Tuesday 4th February 2020 (4 days)

Day One (Time: AM & PM)

9:00 - 9:15	Introduction, teaching material, techniques / Self-reflection and identification of growth opportunities
9:15 - 11:00	Lab: Superficial and deep lymph circulation / Lab: Superficial and deep Manual Lymphatic Mapping (MLM) Lab: Applications for trigger points reflexology areas. / Lab: Drainage of the muscles / Lab: Drainage of periosteum
11:00 - 11:15	Break
11:15 - 12:30	Lab: Drainage of the Organ of the Senses & Lab: Drainage of the Eyes
12:30 - 2:00	Lunch
2:00 - 3:30	Lab: Drainage of the Ears including the external auditory meatus / Lab: Drainage of the Nasal Cavity
3:30 - 3:45	Break
3:45 - 5:30	Lab: Drainage of the Oral Cavity including including the gums, teeth, hard and soft palates, temporomandibular joint, tonsils and eustachian tubes

Day Two

9:00 - 11:00	Lab: Drainage of the Viscera / Lab: Drainage of the Trachea, Bronchi and Lung Parenchyma
11:00 - 11:15	Break
11:15 - 12:30	Lab: Drainage of the Liver
12:30-2:00	Lunch
2:00 - 3:30	Lab: Drainage of the Spleen
3:30 - 3:45	Break
3:45 - 5:30	Lab: Drainage of the Large Intestine

Day Three

9:00 – 9:45	Lab: Drainage of the Small Intestine
9:45 – 10:30	Lab: Drainage of the Pelvic Organs: Drainage of the Uterus
10:30 - 10:45	Break
10:45 - 12:30	Lab: Drainage of the Prostate/Seminal Vesicle / Lab: Drainage of the Kidneys
12:30 - 2:00	Lunch
2:00 – 3:30	Treatment Programs - Design a simple protocol and integrate clinical cases with joint and/or viscera pathologies
3:30 - 3:45	Break
3:45 - 5:30	Lab: Articulation Fluid techniques. Applications to the ribcage articulations

Day Four

9:00 - 10:30	Lab: Drainage of joints / joint capsule
10:30 - 10:45	Break
10:45 - 12:30	Lab: Connective-Tissue-Fibers Technique (CTFR)
12:30 – 1:30	Lunch
1:30 – 2:45	Lab: Scar-Release Therapy